



ICE CREAM SOCIAL

INGREDIENTS

- 1 CUP MILK (any kind)
- 2 TABLESPOONS SUGAR or ARTIFICIAL SWEETENER
- 1 TEASPOON VANILLA
- 3 CUPS ICE CUBES
- ¼ CUP ROCK SALT (actually any kind of salt works)
- ANY KIND OF EXTRAS like chocolate syrup, toppings like sprinkles. Whatever you like!

MATERIALS

- 1 QUART SIZE (regular) ZIPLOCK PLASTIC BAG
- 1 GALLON SIZE ZIPLOCK PLASTIC BAG

DIRECTIONS

1. In the quart-sized ziploc bag, mix together the milk, sugar, and vanilla.
2. Seal the bag *tightly*, without leaving a lot of air inside.
3. In the gallon-sized ziplock bag, mix the ice and salt.
4. Place the sealed quart-sized bag in the gallon-sized bag.
5. *Securely seal* the gallon-sized bag without leaving very much air inside.
6. SHAKE, MUSH, and SQUISH the bag for 6-10 minutes OR until the ice cream has set to a soft serve consistency. You might even want to dance while the music plays and you see your friends doing the same!
7. Remove the inside bag and eat the ice cream right out of the bag or put it in a small bowl. This is where you can also add toppings!
8. If you like firmer ice cream, you could put it in the freezer.

HOPE YOU HAD FUN!

There are lots of these recipes out there but this one was found at www.food.com

